

## **CONDIMENT FILLED FOOD ITEMS**

### **ABSTRACT OF THE DISCLOSURE**

A condiment-filled food item comprising: (1) an outer shell; and (2) condiment disposed within the outer shell so that the condiment is substantially restricted (and preferably prevented) from flowing out of the outer shell. In one embodiment of the invention, the food item is a French fry having an interior ketchup portion. In a particular embodiment of the invention, the condiment has been injected into the interior of the French fry through the French fry's exterior surface (e.g., through a hole in the French fry having a maximum width of, for example, less than 0.2 inches).

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